

nazwisko	imię	kat.	klub	23.05.2018			20.06.2018			CAŁOŚĆ			
				3000 m	1500 m	800 m	3000 m	1500 m	800 m	3000 m	1500 m	800 m	
AMBROZIK	ŁUKASZ	M30				02:24,7			02:19,3	00:00,0	00:00,0	<b>02:19,3</b>	
ANISIMOWICZ	JAN	M40							02:46,7	00:00,0	00:00,0	<b>02:46,7</b>	
ANISIMOWICZ	WERONIKA								03:05,4	00:00,0	00:00,0	<b>03:05,4</b>	
ANTOSIK	MAŁGORZATA	K30				03:34,1				00:00,0	00:00,0	<b>03:34,1</b>	
ANTOSZEWSKI	BARTOSZ	M30				11:26,1				<b>11:26,1</b>	00:00,0	00:00,0	
CZERWOŃSKI	ARTUR	M50	WIDŁOROGI						02:23,3	00:00,0	00:00,0	<b>02:23,3</b>	
BANASZCZYK	ARKADIUSZ	M40	#RUNMEN			14:07,1			06:09,9	<b>14:07,1</b>	<b>06:09,9</b>	00:00,0	
Banaszek	Grzegorz	M				13:20,1				<b>13:20,1</b>	00:00,0	00:00,0	
BATORY	STEFAN	M40	BOOKSY			10:50,6			05:04,0	<b>10:50,6</b>	<b>05:04,0</b>	00:00,0	
BIĄŁOWAŚ	ALEKSANDRA	K20	ŻÓRAWSKI TEAM			12:46,7	06:16,2			02:45,2	<b>12:46,7</b>	<b>06:16,2</b>	<b>02:45,2</b>
BIELAS	KAMIL	M30				12:01,0				<b>12:01,0</b>	00:00,0	00:00,0	
BIELIŃSKI	RAFAŁ	M30				11:35,4			05:16,9	<b>11:35,4</b>	<b>05:16,9</b>	00:00,0	
BORKOWSKI	PAWEŁ	M40					04:50,9			00:00,0	<b>04:50,9</b>	00:00,0	
BOURGEOIS	JULIEN	M40				11:56,8				<b>11:56,8</b>	00:00,0	00:00,0	
BRYL	MARCIN	M30	ADIDAS RUNNERS WARSAW					02:17,8	04:53,8	00:00,0	<b>04:53,8</b>	<b>02:17,8</b>	
BRZozowski	ANDRZEJ	M60							14:43,7	03:27,0	<b>14:43,7</b>	00:00,0	<b>03:27,0</b>
BUKOWSKI	JANUSZ	M60	STOWARZYSZENIE DAĆ SIEBIE INNYM			13:27,4			08:01,3	<b>13:27,4</b>	<b>08:01,3</b>	00:00,0	
BUTKIEWICZ	MAŁGORZATA	K50	KB GALERIA WARSZAWA						16:51,0	03:54,0	<b>16:51,0</b>	00:00,0	<b>03:54,0</b>
BYRT	MARCIN	M30	KACZMAR PROJECT						11:13,4		<b>11:13,4</b>	00:00,0	00:00,0
Celiński	Robert	M40	AZS AWS Warszawa						09:20,1		<b>09:20,1</b>	00:00,0	00:00,0
CHODKIEWICZ	PAWEŁ	M30				14:27,1					<b>14:27,1</b>	00:00,0	00:00,0
Cichocki	Mariusz	M20	WARSAW RUN CLUB					02:37,5	05:53,6	00:00,0	<b>05:53,6</b>	<b>02:37,5</b>	
CIESIELSKI	MARCIN	M40	DUKLANOWSKI TEAM					02:25,1	04:55,4	00:00,0	<b>04:55,4</b>	<b>02:25,1</b>	
CIEŚLUK	JOANNA	K20	ADIDAS RUNNERS WARSAW						02:41,4	00:00,0	00:00,0	<b>02:41,4</b>	
CYBULSKI	JACEK	M40							02:09,8	00:00,0	00:00,0	<b>02:09,8</b>	
CYMBORSKA	JOLANTA	K30	WARSAW RUN CLUB					02:43,5	05:49,0	00:00,0	<b>05:49,0</b>	<b>02:43,5</b>	
CYNKIER	MIESZKO	M30				12:23,7			12:22,4	05:55,3	<b>12:22,4</b>	<b>05:55,3</b>	00:00,0
CYPRYAŃSKI	PIOTR	M30	CITY TRAIL TEAM				04:18,7		04:17,0	00:00,0	<b>04:17,0</b>	00:00,0	
CZAJKOWSKI	MAREK	M40	WARSAW RUN CLUB			12:46,7			05:37,3	<b>12:46,7</b>	<b>05:37,3</b>	00:00,0	
CZEMERYS	DARIUSZ	M40	PZU SPORT TEAM						05:05,0	00:00,0	<b>05:05,0</b>	00:00,0	
CZERNIAWSKI	PIOTR	M30				11:22,3			11:15,7	<b>11:15,7</b>	00:00,0	00:00,0	
CZERWOŃSKI	ARTUR	M50						02:17,4		00:00,0	00:00,0	<b>02:17,4</b>	
CZOP	MAŁGORZATA	K30						02:57,5		00:00,0	00:00,0	<b>02:57,5</b>	
DAWIDZIUK-GOSK	DIANA	K20	DD RUNING TEAM						10:48,5	<b>10:48,5</b>	00:00,0	00:00,0	
DĄBROWSKA	Marta							03:16,1	06:44,6	00:00,0	<b>06:44,6</b>	<b>03:16,1</b>	
DĄBROWSKA	KATARZYNA	K50	WARSAW RUN CLUB					03:27,6	06:55,7	00:00,0	<b>06:55,7</b>	<b>03:27,6</b>	

DĄBROWSKI	MATEUSZ	M30	ALLIANZ RUNNING TEAM			02:15,7		04:42,5		00:00,0	<b>04:42,5</b>	<b>02:15,7</b>
DOBZAŃSKI	JAKUB	M40			05:26,5					00:00,0	<b>05:26,5</b>	00:00,0
DROB	MAREK	M30		10:41,3		02:20,2				<b>10:41,3</b>	00:00,0	<b>02:20,2</b>
DRZEWIECKI	DAMIAN	M30	SGGW RUNNERS	10:30,7				04:49,9		<b>10:30,7</b>	<b>04:49,9</b>	00:00,0
DUBEK	MATEUSZ	M30	ŻÓRAWSKI TEAM				10:55,5	05:09,4		<b>10:55,5</b>	<b>05:09,4</b>	00:00,0
DU CZYŃSKI	MACIEJ	M40			04:37,3					00:00,0	<b>04:37,3</b>	00:00,0
DUDA	TOMASZ	M30					11:40,9			<b>11:40,9</b>	00:00,0	00:00,0
DUDEK	BARTŁOMIEJ	M30	12TRI.PL			03:01,0	12:21,7	05:53,6		<b>12:21,7</b>	<b>05:53,6</b>	<b>03:01,0</b>
DUDKOWSKI	ARTUR	M40				02:44,6		05:41,0		00:00,0	<b>05:41,0</b>	<b>02:44,6</b>
DYGAS	SARA	K20	WARSAW RUN CLUB			03:16,2		06:52,6		00:00,0	<b>06:52,6</b>	<b>03:16,2</b>
DZIEDZIC	MARLENA	K40	TRUCHT TARCHOMIN TEAM			03:27,2		07:00,6		00:00,0	<b>07:00,6</b>	<b>03:27,2</b>
Dziewicki	Kacper	M20	Azs SGH					09:34,2		<b>09:34,2</b>	00:00,0	00:00,0
DZIĘGIELEWSKI	ZBIGNIEW	M40	TRENINGIBIEGOWE.PL		04:45,3				02:23,7	00:00,0	<b>04:45,3</b>	<b>02:23,7</b>
DZIKOWSKI	MICHAŁ	M20	ŻÓRAWSKI TEAM		04:36,9	02:16,1			02:11,1	00:00,0	<b>04:36,9</b>	<b>02:11,1</b>
ERIKSSON	SARI	K30	RK ATHLETICS		06:09,7		13:28,3			<b>13:28,3</b>	<b>06:09,7</b>	00:00,0
FIJALKOWSKI	ADAM	M20		10:58,5						<b>10:58,5</b>	00:00,0	00:00,0
FLOREK	FABIAN	M30						04:19,9		00:00,0	<b>04:19,9</b>	00:00,0
GAJDA	ROBERT	M50			04:59,5					00:00,0	<b>04:59,5</b>	00:00,0
GAŁĄZKA	NATALIA	K20	RACZYŃSKI TEAM			02:35,9		05:24,8		00:00,0	<b>05:24,8</b>	<b>02:35,9</b>
GAŁUSZKA	FILIP	M30		10:08,4						<b>10:08,4</b>	00:00,0	00:00,0
GAWRON	PAWEŁ	M20				02:09,4				00:00,0	00:00,0	<b>02:09,4</b>
Giżyńska	Anna	K30		12:45,7						<b>12:45,7</b>	00:00,0	00:00,0
GIŻYŃSKI	PRZEMYSŁAW	M30	TKKF PŁOCK		04:49,2				02:17,6	00:00,0	<b>04:49,2</b>	<b>02:17,6</b>
GŁODOWSKA	MARTA	K20	ŻÓRAWSKI TEAM				13:33,5		03:16,0	<b>13:33,5</b>	00:00,0	<b>03:16,0</b>
GŁODOWSKI	MICHAŁ	M20	ŻÓRAWSKI TEAM					04:38,6		00:00,0	<b>04:38,6</b>	00:00,0
GONCZARYK	MICHAŁ	M40	KACZMAR PROJECT	12:39,7			12:35,4			<b>12:35,4</b>	00:00,0	00:00,0
GORDON	KAMILA	K20							03:19,7	00:00,0	00:00,0	<b>03:19,7</b>
GOSK	DOMINIK	M20	DD RUNING TEAM				10:49,0			<b>10:49,0</b>	00:00,0	00:00,0
GÓRECKA	KATARZYNA	K40		13:07,0	06:07,7					<b>13:07,0</b>	<b>06:07,7</b>	00:00,0
Grela	Wojciech	M		10:27,3						<b>10:27,3</b>	00:00,0	00:00,0
GREWIŃSKI	TOMASZ	M40	LIPIEC RUNNING TEAM		05:16,4		11:31,3			<b>11:31,3</b>	<b>05:16,4</b>	00:00,0
GROMEK	RADOSŁAW	M30			04:15,5					00:00,0	<b>04:15,5</b>	00:00,0
Gronowski	Hubert	M		10:16,4						<b>10:16,4</b>	00:00,0	00:00,0
GRZEGOREK	PAWEŁ	M40		10:59,3						<b>10:59,3</b>	00:00,0	00:00,0
Grześkowiak	Bartosz	M		11:03,9						<b>11:03,9</b>	00:00,0	00:00,0
GRZYBOWSKI	TOMASZ	M30							02:12,7	00:00,0	00:00,0	<b>02:12,7</b>
GRZYWACZEWSKA	JUSTYNA	K30	CITY TRAIL TEAM		05:14,5		11:16,6			<b>11:16,6</b>	<b>05:14,5</b>	00:00,0
GULAN	NORBERT	M30			05:31,5					00:00,0	<b>05:31,5</b>	00:00,0
GUZOWSKI	Karol	M16	TRUCHT TARCHOMIN TEAM			03:20,1		07:29,1		00:00,0	<b>07:29,1</b>	<b>03:20,1</b>

HOŁDA	MICHAŁ	M30	WIDŁOROGI					04:59,8		00:00,0	<b>04:59,8</b>	00:00,0
HOROSZKO	MICHAŁ	M30					11:07,7			<b>11:07,7</b>	00:00,0	00:00,0
HRYCKO	KRZYSZTOF	M40	ŻÓRAWSKI TEAM			02:35,2		05:45,1		00:00,0	<b>05:45,1</b>	<b>02:35,2</b>
IGNATOWICZ	ANDRZEJ	M40	TRUCHT TARCHOMIN TEAM			02:23,3				00:00,0	00:00,0	<b>02:23,3</b>
IRACKI	MATEUSZ	M20				02:11,6				00:00,0	00:00,0	<b>02:11,6</b>
JANKOWSKI	SEBASTIAN	M30	WIELISZEW HERON TEAM						02:15,6	00:00,0	00:00,0	<b>02:15,6</b>
JASTRZĘBSKI	KAMIL	M20			04:02,5					00:00,0	<b>04:02,5</b>	00:00,0
JAWORSKA	WIOLETA	K20	ADIDAS RUNNERS WARSAW			02:36,9		05:19,6		00:00,0	<b>05:19,6</b>	<b>02:36,9</b>
JENDRYCH	REMIGIUSZ	M20						04:52,0		00:00,0	<b>04:52,0</b>	00:00,0
KACPRZYŃSKA	MAGDALENA	K30			06:17,0			06:04,1		00:00,0	<b>06:04,1</b>	00:00,0
KACZYŃSKI	PIOTR	M40				02:58,0				00:00,0	00:00,0	<b>02:58,0</b>
KAMIŃSKI	TOMASZ	M20		11:44,1						<b>11:44,1</b>	00:00,0	00:00,0
KANCIAŁA	ŁUKASZ	M30	MILANOWSCY MIŁOŚNICY LEKKOATLETYKI	05:12,6					02:26,6	00:00,0	<b>05:12,6</b>	<b>02:26,6</b>
KANIA	MICHAŁ	M20				02:09,7				00:00,0	00:00,0	<b>02:09,7</b>
KARASEK	JAKUB	M20				02:07,4				00:00,0	00:00,0	<b>02:07,4</b>
Karolkiewicz	Daniel	M30	ENTRE.PL TEAM	09:35,7				04:25,5		<b>09:35,7</b>	<b>04:25,5</b>	00:00,0
KARP	ROBERT	M40	ALLIANZ RUNNING TEAM			02:36,2	11:21,3			<b>11:21,3</b>	00:00,0	<b>02:36,2</b>
KARWOWSKI	WOJCIECH	M20						04:12,3		00:00,0	<b>04:12,3</b>	00:00,0
KAWECKA	MARCELINA	K20	WARSAW RUN CLUB			02:31,4			02:34,1	00:00,0	00:00,0	<b>02:31,4</b>
KĄDZIOŁKA	BEATA	K30			05:52,5				02:48,1	00:00,0	<b>05:52,5</b>	<b>02:48,1</b>
Kęcik	Janusz	M60		13:54,0						<b>13:54,0</b>	00:00,0	00:00,0
KIELAK	NATALIA	K30	WWW.NATALIABIEGAJAKSZALONA.PL	19:23,0				09:05,4		<b>19:23,0</b>	<b>09:05,4</b>	00:00,0
KIERZKOWSKI	MATEUSZ	M20	VICTUS RĘBKÓW				09:35,0			<b>09:35,0</b>	00:00,0	00:00,0
KIM	RENATA	K40							03:18,6	00:00,0	00:00,0	<b>03:18,6</b>
KISIEL	GRZEGORZ	M30		12:06,2	05:44,2					<b>12:06,2</b>	<b>05:44,2</b>	00:00,0
KLAŚ	ŁUKASZ	M40	TRUCHT TARCHOMIN TEAM				10:03,0		02:24,0	<b>10:03,0</b>	00:00,0	<b>02:24,0</b>
KOBIĄŁKA	KONRAD	M40	RKATHLETICS/NAPRZÓD MŁOCINY			02:11,3		04:32,0		00:00,0	<b>04:32,0</b>	<b>02:11,3</b>
KOMOREK	TOMASZ	M20			05:20,3					00:00,0	<b>05:20,3</b>	00:00,0
KONKOWSKA-SZYMAŃSKA	JOANNA	K50	WARSAW RUN CLUB	15:15,8				07:06,8	03:34,7	<b>15:15,8</b>	<b>07:06,8</b>	<b>03:34,7</b>
KORZENIOWSKI	DARIUSZ	M40		10:23,4						<b>10:23,4</b>	00:00,0	00:00,0
KOWAL	MONIKA	K30	ADIDAS RUNNERS WARSAW			02:55,7		06:11,0		00:00,0	<b>06:11,0</b>	<b>02:55,7</b>
KOWALCZYK	AGNIESZKA	K30			05:16,1					00:00,0	<b>05:16,1</b>	00:00,0
KOWALCZYK	ADAM	M30				02:17,0				00:00,0	00:00,0	<b>02:17,0</b>
Kozakowski	Marcin	M30	Medicover Runners	11:38,4				05:17,3		<b>11:38,4</b>	<b>05:17,3</b>	00:00,0
KRAMARZ	ALEKSANDER	M20		09:54,4						<b>09:54,4</b>	00:00,0	00:00,0
KRAWCZYKIEWICZ	DOROTA	K30	ŻÓRAWSKI TEAM		07:20,6	03:36,2	16:09,1			<b>16:09,1</b>	<b>07:20,6</b>	<b>03:36,2</b>
KRAWCZYKIEWICZ	MAGDA	K40	ŻÓRAWSKI TEAM		07:49,4	03:51,4	16:51,5			<b>16:51,5</b>	<b>07:49,4</b>	<b>03:51,4</b>
KRÓL	ARKADIUSZ	M40	WARSAW RUN CLUB			02:33,7		05:13,6		00:00,0	<b>05:13,6</b>	<b>02:33,7</b>
KRÓL	PIOTR	M30			05:01,1				02:19,9	00:00,0	<b>05:01,1</b>	<b>02:19,9</b>

KRYGIER	KRZYSZTOF	M20	ACCENTURE				04:25,8		00:00,0	<b>04:25,8</b>	00:00,0
KRYSIAK	JAKUB	M20	TRIWAWA / NIKE+ RUN CLUB		02:30,5		05:19,4		00:00,0	<b>05:19,4</b>	<b>02:30,5</b>
KSIĄŻKIEWICZ	PIOTR	M30		09:12,3					<b>09:12,3</b>	00:00,0	00:00,0
KUCHARSKI	PIOTR	M50	12TRI.PL	11:35,7			05:15,3	02:37,2	<b>11:35,7</b>	<b>05:15,3</b>	<b>02:37,2</b>
KULIS	GRZEGORZ	M30				09:53,0			<b>09:53,0</b>	00:00,0	00:00,0
KUREK	PIOTR	M30		04:34,4					00:00,0	<b>04:34,4</b>	00:00,0
KUROWSKI	MACIEJ	M30		10:33,1					<b>10:33,1</b>	00:00,0	00:00,0
KWASEK	ALEKSANDRA	K40			02:44,9			02:45,7	00:00,0	00:00,0	<b>02:44,9</b>
LASOŃ	MAGDALENA	K30	MEMN"JB NDI					03:23,0	00:00,0	00:00,0	<b>03:23,0</b>
LEMIESZ	ANETA	K30	KACZMAR PROJEKT	12:45,7		11:58,4			<b>11:58,4</b>	00:00,0	00:00,0
Lengiewicz	Jakub	M40	OTK Rzeźnik	11:21,9			05:13,4		<b>11:21,9</b>	<b>05:13,4</b>	00:00,0
LEŚNIAK	JACEK	M30	DRUŻYNA BLONDYNA			10:58,7			<b>10:58,7</b>	00:00,0	00:00,0
LEWANDOWSKA	JOANNA	K40	WARSAW RUN CLUB	15:18,9				03:21,4	<b>15:18,9</b>	00:00,0	<b>03:21,4</b>
LIPIEC	TOMASZ	M40	LIPIEC RUNNING TEAM	09:58,2			04:39,2		<b>09:58,2</b>	<b>04:39,2</b>	00:00,0
LIPSKA-MAZUREK	PAULINA	K20	NESSI SPORTSWEAR			10:39,3			<b>10:39,3</b>	00:00,0	00:00,0
LULIŃSKI	PAWEŁ	M30		05:24,0					00:00,0	<b>05:24,0</b>	00:00,0
ŁABĘDZKI	KONRAD	M30	ADIDAS RUNNERS WARSAW			10:50,7			<b>10:50,7</b>	00:00,0	00:00,0
ŁĘCZYCKI	ARKADIUSZ	M30		04:49,3	02:29,0				00:00,0	<b>04:49,3</b>	<b>02:29,0</b>
ŁUCZYŃSKI	TOMASZ	M40	TRENINGIBIEGOWE.PL/ADIDAS RUNNERS WARSAW		02:16,4		04:41,3		00:00,0	<b>04:41,3</b>	<b>02:16,4</b>
ŁUGOWSKI	SYLWESTER	M20	ADIDAS RUNNERS WARSAW		02:33,4		05:31,3		00:00,0	<b>05:31,3</b>	<b>02:33,4</b>
ŁUGOWSKI	DAMIAN	M30			02:08,7				00:00,0	00:00,0	<b>02:08,7</b>
ŁUKASZEWICZ	RYSZARD	M50			02:31,8		05:21,3		00:00,0	<b>05:21,3</b>	<b>02:31,8</b>
MACENOWICZ	MACIEJ	M30				13:52,2			<b>13:52,2</b>	00:00,0	00:00,0
MACHOWSKI	PAWEŁ	M20	RACZYŃSKI TEAM		02:07,3		04:24,5		00:00,0	<b>04:24,5</b>	<b>02:07,3</b>
MADEJAK	SYLWIA	K40	ŻÓRAWSKI TEAM	05:46,2			05:34,3	02:40,2	00:00,0	<b>05:34,3</b>	<b>02:40,2</b>
Makowski	Robert	M		15:34,4					<b>15:34,4</b>	00:00,0	00:00,0
MAKSYMIK	KRZYSZTOF	M40		05:27,0					00:00,0	<b>05:27,0</b>	00:00,0
MARCZUK	ROBERT	M40	INSTYTUT BADAWCZY DRÓG I MOSTÓW	05:02,2		10:57,5			<b>10:57,5</b>	<b>05:02,2</b>	00:00,0
MARKOWSKA	DOROTA	K20				15:32,3			<b>15:32,3</b>	00:00,0	00:00,0
MARON	MACIEJ	M20	AZS UW			10:14,8			<b>10:14,8</b>	00:00,0	00:00,0
MARSZYCKI	KAROL	M30		04:54,2				02:21,9	00:00,0	<b>04:54,2</b>	<b>02:21,9</b>
Mazurkiewicz	Paweł	M30			02:37,9				00:00,0	00:00,0	<b>02:37,9</b>
MĄDZIK	ALEKSANDRA	K30	GOLDEN TEAM				05:50,9		00:00,0	<b>05:50,9</b>	00:00,0
MEJER	JACEK	M30		09:55,5	02:12,4				<b>09:55,5</b>	00:00,0	<b>02:12,4</b>
MICHALAK	MARTA	K40	KB IM. P. SĘKOWSKIEGO			13:29,7			<b>13:29,7</b>	00:00,0	00:00,0
Michalak	Adrian	M		13:39,0					<b>13:39,0</b>	00:00,0	00:00,0
MICHALAK	JERZY	M60	KB IM. P.SĘKOWSKIEGO W PŁOŃSKU	07:23,9				03:18,0	00:00,0	<b>07:23,9</b>	<b>03:18,0</b>
MICHAŁOWSKA	KATARZYNA	K40	RK ATHLETICS	06:40,2		15:04,3			<b>15:04,3</b>	<b>06:40,2</b>	00:00,0
MIRECKI	MICHAŁ	M				11:18,3			<b>11:18,3</b>	00:00,0	00:00,0

MIZIŃSKI	PAWEŁ	M30			02:15,9				00:00,0	00:00,0	<b>02:15,9</b>
MŁYNARZ	KAMIL	M20	SKB KRAŚNIK			08:37,5			<b>08:37,5</b>	00:00,0	00:00,0
MOKRZAŃSKI	MICHAŁ	M30	WARSZAWIACY		04:41,8			02:14,6	00:00,0	<b>04:41,8</b>	<b>02:14,6</b>
MOLEND	MATEUSZ	M20				02:36,6			00:00,0	00:00,0	<b>02:36,6</b>
Morawska	Marta	K		15:57,1					<b>15:57,1</b>	00:00,0	00:00,0
MOSZKOWICZ	EUGENIUSZ	M60	KONDYCJA				08:09,1		00:00,0	<b>08:09,1</b>	00:00,0
Mroczkowska	Agata	K20				03:42,4			00:00,0	00:00,0	<b>03:42,4</b>
NAKLICKI	MICHAŁ	M20	TRIRENT					02:06,7	00:00,0	00:00,0	<b>02:06,7</b>
NALAZEK	MIKOŁAJ	M20	MKB DREPTAK				11:06,9		<b>11:06,9</b>	00:00,0	00:00,0
NEJFELD	HANNA	K40	BIEGAM BO LUBIĘ ZĄBKI TEAM	12:11,9				05:26,6	02:42,0	<b>12:11,9</b>	<b>05:26,6</b>
NOWAKOWSKI	JACEK	M50	AKL URSYNÓW			02:24,4			02:22,7	00:00,0	00:00,0
OBARA	PRZEMYSŁAW	M20		09:30,7						<b>09:30,7</b>	00:00,0
OCHMAN	PIOTR	M40		10:57,8						<b>10:57,8</b>	00:00,0
Okrzesik	Małgorzata	K		16:26,5						<b>16:26,5</b>	00:00,0
OLSZAK	ZENON	M50	WARSAW RUN CLUB			02:44,6		05:33,9	00:00,0	<b>05:33,9</b>	<b>02:44,6</b>
OLSZEWSKA	KATARZYNA	K30	WARSAW RUN CLUB					03:02,1	00:00,0	00:00,0	<b>03:02,1</b>
Opara	Sabina	K40		12:27,7						<b>12:27,7</b>	00:00,0
Orczykowska	Karolina	K		12:54,3						<b>12:54,3</b>	00:00,0
OSKIERKO	ŁUKASZ	M20	ADIDAS RUNNERS WARSAW	08:43,3						<b>08:43,3</b>	00:00,0
PADUSIŃSKI	PAWEŁ	M40	KACZMAR PROJECT				12:02,6			<b>12:02,6</b>	00:00,0
PARTYKA	AGNIESZKA	K40	PGE ENERGETIC RUNNING					03:16,5	00:00,0	00:00,0	<b>03:16,5</b>
PAWLEGA	KASIA	K40	WARSAW RUN CLUB			03:35,4	17:33,9			<b>17:33,9</b>	00:00,0
PAWSKI	WAWRZYNIEC	M30			04:28,0			04:25,2	00:00,0	<b>04:25,2</b>	00:00,0
PĘDOTA	BARTOSZ							02:37,2	00:00,0	00:00,0	<b>02:37,2</b>
PIECH	JAKUB	M30					09:28,1			<b>09:28,1</b>	00:00,0
PIENIAŻEK	LESZEK	M50	LIPIEC RUNNING TEAM					05:15,2	02:36,9	00:00,0	<b>05:15,2</b>
PIERZAK	OLAF	M40	AMOK TEAM			02:47,9			02:45,6	00:00,0	00:00,0
PIKUL	PIOTR	M30		12:12,9				05:17,6		<b>12:12,9</b>	<b>05:17,6</b>
PILISZEK	GRZEGORZ	M30	KACZMAR PROJECT/EY			02:02,3		04:26,3	00:00,0	<b>04:26,3</b>	<b>02:02,3</b>
PŁONKA	JAROSŁAW	M40	WARSAW RUN CLUB	12:26,7				05:22,7		<b>12:26,7</b>	<b>05:22,7</b>
POBŁOCKA-DOBROWOLSKA	KAMILA	K20		10:43,0						<b>10:43,0</b>	00:00,0
PRĘDOTA	KRZYSZTOF	M40	TRUCHT TARCHOMIN TEAM			02:26,7		05:06,1	00:00,0	<b>05:06,1</b>	<b>02:26,7</b>
PRĘDOTA	BARTEK	M16	TRUCHT TARCHOMIN TEAM					05:48,3	00:00,0	<b>05:48,3</b>	00:00,0
Pruchniak	Robert	M		12:57,5						<b>12:57,5</b>	00:00,0
PRUS	TOMASZ	M30					11:06,2			<b>11:06,2</b>	00:00,0
PRUSACZYK	MICHAŁ	M16	WARSAW RUN CLUB			03:31,3			03:33,5	00:00,0	00:00,0
Prygiel	Daria	K		15:34,1						<b>15:34,1</b>	00:00,0
PRYJMA	FRYDERYK	M20	UNTS				09:21,6			<b>09:21,6</b>	00:00,0
PYSZNIAK	DOROTA	K30	ADIDAS RUNNERS WARSAW					03:15,3	00:00,0	00:00,0	<b>03:15,3</b>

RATASZEWSKA	EDYTA	K50	WARSAW RUN CLUB			03:42,9		07:21,5		00:00,0	<b>07:21,5</b>	<b>03:42,9</b>
RATASZEWSKI	MAREK	M50	WARSAW RUN CLUB			03:05,2		06:10,1		00:00,0	<b>06:10,1</b>	<b>03:05,2</b>
REDA	KINGA	K20				02:25,6				00:00,0	00:00,0	<b>02:25,6</b>
REK	IWONA	K30	MILANOWSCY MIŁOŚNICY LEKKOATLETYKI		05:27,2			11:52,0		<b>11:52,0</b>	<b>05:27,2</b>	00:00,0
ROLEWICZ	TOMASZ	M40		11:53,3						<b>11:53,3</b>	00:00,0	00:00,0
ROZKRUT	MAREK	M40	KACZMAR PROJECT		05:16,5				02:32,8	00:00,0	<b>05:16,5</b>	<b>02:32,8</b>
ROZMANIEC	PAWEŁ	M60			04:11,8			04:11,0		00:00,0	<b>04:11,0</b>	00:00,0
RÓŻAŃSKI	BARTOSZ	M30	RUNNING JARS					05:27,2		00:00,0	<b>05:27,2</b>	00:00,0
RUDO	JAKUB	M20	PGB SPORTOWA PACZKA			02:21,9	10:58,6			<b>10:58,6</b>	00:00,0	<b>02:21,9</b>
RYNKIEWICZ	TOMASZ	M40						04:59,5		00:00,0	<b>04:59,5</b>	00:00,0
RZEPKA	JACEK	M20			05:18,8					00:00,0	<b>05:18,8</b>	00:00,0
Rzeszutko	Marcin	M40		14:48,4						<b>14:48,4</b>	00:00,0	00:00,0
RZESZUTKO	ALEKSANDRA	K30	NRC			03:07,1		06:25,5		00:00,0	<b>06:25,5</b>	<b>03:07,1</b>
RZUCHOWSKI	DANIEL	M20				02:04,3				00:00,0	00:00,0	<b>02:04,3</b>
SADOWSKA	BEATA	K40						17:07,1		<b>17:07,1</b>	00:00,0	00:00,0
SADOWSKI	ADAM	M40	ROZBIEGANY SULEJÓWEK	11:26,3				05:23,8		<b>11:26,3</b>	<b>05:23,8</b>	00:00,0
SAŁAMACHA	JAROSŁAW	M30	?	10:06,5		02:20,3				<b>10:06,5</b>	00:00,0	<b>02:20,3</b>
Sawicki	Dariusz	M40				02:12,8		04:40,4		00:00,0	<b>04:40,4</b>	<b>02:12,8</b>
SEKOWSKI	MAREK	M50				02:27,8				00:00,0	00:00,0	<b>02:27,8</b>
SEKOWSKI	MAREK	M50	KACZMAR PROJECK						02:26,8	00:00,0	00:00,0	<b>02:26,8</b>
SELKE	RADOSŁAW	M30	MILANOWSCY MIŁOŚNICY LEKKOATLETY	10:52,4				10:43,1		<b>10:43,1</b>	00:00,0	00:00,0
SITNIK	BARTŁOMIEJ	M40		10:38,3						<b>10:38,3</b>	00:00,0	00:00,0
SIUDZIŃSKI	MARCIN	M30		11:51,0				05:16,8		<b>11:51,0</b>	<b>05:16,8</b>	00:00,0
SKELTON	SARAH	K30	VEGERUNNERS						03:14,3	00:00,0	00:00,0	<b>03:14,3</b>
SKRZYPCZAK	ADRIAN	M20		11:00,2				04:54,5		<b>11:00,2</b>	<b>04:54,5</b>	00:00,0
Sliwa	Krzysztof	M				02:24,8				00:00,0	00:00,0	<b>02:24,8</b>
SŁOMKA	PAWEŁ	M20	DD RUNNING TEAM			02:17,3		04:45,3		00:00,0	<b>04:45,3</b>	<b>02:17,3</b>
SOBIESZEK	SEWERYN	M30			04:29,3					00:00,0	<b>04:29,3</b>	00:00,0
SOCHACKI	MARCIN	M40		12:30,0						<b>12:30,0</b>	00:00,0	00:00,0
STANKOWSKI	RAFAŁ	M30		10:02,3				04:36,8		<b>10:02,3</b>	<b>04:36,8</b>	00:00,0
STASZCZUK	TOMASZ	M40						10:41,2		<b>10:41,2</b>	00:00,0	00:00,0
STEFAŃSKI	KRYSTIAN	M30	KS KANAŁEK					10:25,7		<b>10:25,7</b>	00:00,0	00:00,0
STOCHMAŁSKI	PIOTR	M20				02:07,7				00:00,0	00:00,0	<b>02:07,7</b>
STOLARZ	ŁUKASZ	M30	ALLIANZ RUNNING TEAM					11:51,8		<b>11:51,8</b>	00:00,0	00:00,0
SURTEL	MICHAŁ	M30	KACZMAR PROJECT			02:13,5			02:10,4	00:00,0	00:00,0	<b>02:10,4</b>
SYCHOWICZ	DANIEL	M30	GRAZIA RUNNING						02:16,1	00:00,0	00:00,0	<b>02:16,1</b>
SZCZEPANIK	MELCHIOR	M40	FRUNATICS					05:07,4		00:00,0	<b>05:07,4</b>	00:00,0
SZEWCZYKOWSKA	ANNA	K30	TEAM360STOPNI					11:52,3	02:40,9	<b>11:52,3</b>	00:00,0	<b>02:40,9</b>
Szostak	Paweł	M30			04:14,4					00:00,0	<b>04:14,4</b>	00:00,0

SZPIL	MACIEJ	M30	KLUB UŻYTKOWNIKÓW P@PL				13:32,4			<b>13:32,4</b>	00:00,0	00:00,0
Szul	Robert	M		12:59,6						<b>12:59,6</b>	00:00,0	00:00,0
SZWEDZIK	BEATA	K50		14:45,4						<b>14:45,4</b>	00:00,0	00:00,0
SZYJKA	MONIKA	K30				03:29,1		07:14,2		00:00,0	<b>07:14,2</b>	<b>03:29,1</b>
ŚLIWA	KRZYSZTOF	M30	NAPRZÓD MŁOCINY	10:20,8				04:47,3		<b>10:20,8</b>	<b>04:47,3</b>	00:00,0
Śliwiński	Jan	M		11:04,4						<b>11:04,4</b>	00:00,0	00:00,0
Świerdzewski	Damian	M20	Następny Krok	08:44,6		02:04,2	08:52,5			<b>08:44,6</b>	00:00,0	<b>02:04,2</b>
TARKA	MARCIN	M30	WIDŁOROGI			02:30,0			02:26,4	00:00,0	00:00,0	<b>02:26,4</b>
TOSIK	WITOLD	M30			04:58,4					00:00,0	<b>04:58,4</b>	00:00,0
TRZASKOWSKA	JOANNA	K30	TRUCHT TARCHOMIN TEAM			02:51,9	13:12,1	06:12,1		<b>13:12,1</b>	<b>06:12,1</b>	<b>02:51,9</b>
TRZEBINSKI	BARTLOMIEJ	M40	KACZMAR PROJECT	10:14,5			10:04,5			<b>10:04,5</b>	00:00,0	00:00,0
TUKENDORF	BARBARA	K60	RK ATHLETICS		09:56,4		21:18,4			<b>21:18,4</b>	<b>09:56,4</b>	00:00,0
URBAN	ALEKSANDER	M30						05:51,5		00:00,0	<b>05:51,5</b>	00:00,0
URBANIAK	ALEKSANDER	M30					11:39,8			<b>11:39,8</b>	00:00,0	00:00,0
WESOŁOWSKI	DOMINIK	M30	DAFTRACING				12:49,2			<b>12:49,2</b>	00:00,0	00:00,0
WIATROWSKI	BŁAŻEJ	M40	WIATROWSKI.PL	11:38,1			10:36,9			<b>10:36,9</b>	00:00,0	00:00,0
WIATROWSKI	HUBERT	M16	?	11:38,0						<b>11:38,0</b>	00:00,0	00:00,0
Wichowski	JACEK	M30	Medicover Runners	08:37,9			08:40,8	04:11,8		<b>08:37,9</b>	<b>04:11,8</b>	00:00,0
Więcaszek	Magdalena	K		12:52,4						<b>12:52,4</b>	00:00,0	00:00,0
WIĘCKOWSKI	ŁUKASZ	M20	KIFATO MK				09:29,4			<b>09:29,4</b>	00:00,0	00:00,0
WILCZURA	MAREK	M40		09:48,6						<b>09:48,6</b>	00:00,0	00:00,0
WITKOWSKA	AGNIESZKA	K20	ŻMUDA RUNNING TEAM		06:07,6		13:13,9		03:00,9	<b>13:13,9</b>	<b>06:07,6</b>	<b>03:00,9</b>
WITKOWSKI	PAWEŁ	M30	WIELISZEW HERON TEAM	10:07,7			10:22,1	04:45,3		<b>10:07,7</b>	00:00,0	00:00,0
WITKOWSKI	PAWEŁ	M30				02:18,0				00:00,0	00:00,0	<b>02:18,0</b>
WOCH	KRZYSZTOF	M30				02:34,3			02:31,4	00:00,0	00:00,0	<b>02:31,4</b>
WOJCIECH	BŁAZIK	M30	WARSZAWA				10:42,1			<b>10:42,1</b>	00:00,0	00:00,0
WOJCIECHOWSKI	SEBASTIAN	M30	VEGE RUNNERS					04:45,7		00:00,0	<b>04:45,7</b>	00:00,0
WOJNAROWICZ	JANUSZ	M40				02:15,4				00:00,0	00:00,0	<b>02:15,4</b>
WOJNAROWSKI	MICHAŁ	M30	KACZMAR PROJECT	11:42,7			11:43,1			<b>11:42,7</b>	00:00,0	00:00,0
WOJTKOWIAK	MARTA	K30		11:57,4		02:39,9		05:32,3	02:38,8	<b>11:57,4</b>	<b>05:32,3</b>	<b>02:38,8</b>
WOLAK	JAROSŁAW	M40	MBANK				13:20,3			<b>13:20,3</b>	00:00,0	00:00,0
WOŁOWCZYK	KRZYSZTOF	M20	UNTS				09:10,0			<b>09:10,0</b>	00:00,0	00:00,0
ZADŁO	KATARZYNA	K40				03:37,4				00:00,0	00:00,0	<b>03:37,4</b>
ZALEWSKI	JAKUB	M					14:36,8			<b>14:36,8</b>	00:00,0	00:00,0
ZANIEWSKI	ALEKSANDER	M30	TRIWAWA	12:02,5				05:17,4		<b>12:02,5</b>	<b>05:17,4</b>	00:00,0
ZIELIŃSKA	WERONIKA	K30	12TRI.PL / ASICS FRONTRUNNER		05:04,6				02:24,2	00:00,0	<b>05:04,6</b>	<b>02:24,2</b>
ZYCH	ŁUKASZ	M20			04:55,3				02:22,2	00:00,0	<b>04:55,3</b>	<b>02:22,2</b>
ZYCH	ROBERT	M40	ADIDAS RUNNERS WARSAW						02:23,7	00:00,0	00:00,0	<b>02:23,7</b>
ZYGADŁO	PIOTR	M30					14:49,5	06:53,2		<b>14:49,5</b>	<b>06:53,2</b>	00:00,0

ŻOCHOWSKA	MAGDALENA	K20	ŻÓRAWSKI TEAM					03:15,6	00:00,0	00:00,0	<b>03:15,6</b>
ŻOCHOWSKI	DANIEL	M20	ŻÓRAWSKI TEAM	08:53,4			04:08,8		<b>08:53,4</b>	<b>04:08,8</b>	00:00,0
ŻUBIŃSKI	PIOTR	M40	ACCELERATING POLAND			02:20,9	04:52,5		00:00,0	<b>04:52,5</b>	<b>02:20,9</b>
ŻURANIEWSKA	AGNIESZKA	K40				02:46,6			00:00,0	00:00,0	<b>02:46,6</b>
ŻURAWSKI	KAMIL	M20	WARSZAWSKI ULTRAS				10:36,9	02:16,8	<b>10:36,9</b>	00:00,0	<b>02:16,8</b>